



from you to me[®]

Helen Stephens
director & company secretary



Helen is the co-founder of *from you to me*. As Director and Company Secretary, she is responsible for financial management, development of business processes, home and overseas sales and distribution, and the development of new products.

Helen was born in Swansea, South Wales and moved to Louth, Lincolnshire aged 11. On leaving school she trained as a chiropodist and worked for Leicestershire Health Authority before heading south to study for a Masters Degree in IT and Management in Bristol.

Helen joined Price Waterhouse in 1992 as a management consultant with a variety of industries and clients – Lloyds Bank, Chase Manhattan Bank, Brains Breweries, Fiskars, Axa, Norwich Union and many others. In 1996 she joined the small, newly-formed telecoms company, Orange where she held senior positions, rising to become Head of New Media and Mobile Commerce. In this role she was involved in the implementation of Orange's multi-media services including picture messaging. Helen then decided to embark on an MBA at the University of Bath, proudly achieving a distinction.

This gave Helen the confidence to set up her own successful management services business where she consulted to a number of clients including Bank of Ireland, Augusta Westland, France Telecom and the MoD.

In 2007, aged 41, Helen set up *from you to me* with her partner Neil, filled her spare room with the first *from you to me* journals, and found herself pregnant with their first child. Helen lives with her partner Neil and their 3-year-old daughter Mila, near Bath, South West England.

TEAM BIOGRAPHIES

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